

## Personal and Confidential

To Whom it May Concern:

I am writing to formally request that our health plan provider amend the parameters for counselling services in the benefit summary.

Currently any out of hospital treatment must be conducted by a registered psychologist or qualified social worker. I do not find this coverage to be adequate, especially given the limited choices in our area. Registered Clinical Counsellors (RCC) are currently not considered qualified under our plan however many insurance providers list them as qualified providers of psychological and counselling services.

I am sure you are interested in finding ways to increase the amount of benefits employees are able to obtain without increasing any cost to the company. Registered Clinical Counsellors fees begin at \$100 per session as compared to Registered Psychologists which can range from \$150 - \$200 per session. It would appear that amending the benefit schedule to include RCC's would not cost our health care provider any additional funds but would broaden the options for those insured under the plan.

I myself have found a Registered Clinical Counsellor that is competent, reliable and professional in their delivery of psychological services to me. I would like to retain the right to choose a counsellor whom I trust and whom I believe is helpful to me. I am concerned that I have been unable to claim payment for these services and would like to request that the expenses I incur with this Registered Clinical Counsellor be covered by my Extended Health Benefits Program.

Thank you for your kind consideration. I would appreciate your prompt attention to this matter as time is of the essence in this instance.

Sincerely,